

# Programs & Services

GEELONG



At CatholicCare Victoria we empower communities and build strength and resilience, to enable everyone to reach their full potential. Our services are offered to everyone in the community, regardless of race, religious beliefs or economic status.

## Counselling

### Counselling for people of all ages

We assist couples, families, young people, children and individuals with counselling, to improve mental wellbeing and sustain healthy relationships. Counselling may be short or long term, depending on need for support and complexity of issues.

## Housing & Independent Living

### Advanced care finder

Advanced care finder supports people to access aged care services or other supports in their local community. If you are eligible for aged care services, but need extra support to navigate the aged care system, our team can support you.

## Refugees and Asylum Seekers

### Geelong Settle Well

An intensive school-based service providing counselling, employment and education opportunities for refugee young people and mothers in the Geelong region. It aims to help them settle well and thrive in their new community, and addresses challenges associated with re-settlement.

### Settle Well Next Phase

Next Phase supports people from refugee backgrounds in the Geelong region, to improve their English skills, build connections and develop their job readiness skills to obtain meaningful employment in their new community.

## Support for Young People

### Empower Youth

This program provides support to vulnerable young people aged 15 to 25 within the Geelong region. It aims to help young people improve their health and wellbeing, enter or reconnect with education and training, develop career pathways and actively participate in the community.

## Post-Separation Services

### Family Dispute Resolution

Family Dispute Resolution (FDR) provides mediation for separated or separating parents to reach agreement on parenting plans. Mediation helps parents focus on childrens' needs and resolve disputes, as an alternative to court.

### Parenting Orders Program

Parenting Orders Programs (POP) provides individual counselling and group education programs for separated families, focusing on the needs of children.

Separated parents and carers can access these programs to learn new skills and/or to meet requirements for Court Orders.

### Property Dispute Resolution

Property Dispute Resolution (PDR) provides mediation for separated couples and families to negotiate the division of property and finances, as a cost-effective alternative to court.

## Contact us:

Geelong Family Relationship Centre  
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Monday - Friday 9am-5pm, Thursdays 9am-8pm



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